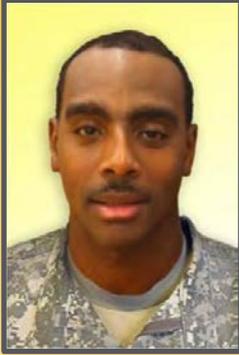


SGT Delvin Maston (Active)



"Adaptive reconditioning allowed me to tap into my competitive nature which helped my recovery, physically and mentally."

Current Location:

San Antonio, Texas

MOS/Current Occupation:

11B (Infantry)

Warrior Transition Unit:

Warrior Transition Battalion, Fort Sam Houston, Texas

Hometown:

Birmingham, Alabama

School(s):

Wenonah High School, Alabama

Events training for:

Wheelchair Basketball, Sitting Volleyball

Injury or Illness:

Right leg above-knee amputee



Having represented the U.S. Army Team for the past three consecutive Warrior Games, Sgt. Delvin Maston brings years worth of adaptive sports experience to London for the Invictus Games.

Maston, who served more than 47 months in a war zone, was injured in June of 2009 in a vehicle accident in the United States. He has taken a positive outlook on life and has learned to focus on his abilities in order to make the best out of his disability.

Since his injury, Maston has played for the Paraspport San Antonio Wheelchair Spurs and the USA Volleyball high-performance sitting volleyball team. Competing on national teams has taught him the importance of adaptive reconditioning.

"It allowed me to tap into my competitive nature which helped my recovery, physically and mentally," said Maston.

In the years ahead, he hopes to continue helping disabled youth through coaching adaptive sports. He advises youth, "to find that thing that they love to do and master it."

When asked about his support system during his recovery and transition, Maston said there were too many people to name, but added he was thankful for his, "entire family and my Warrior Transition Battalion Family."

Maston is eager to show his recovery process to Family and friends while competing in the first Invictus Games.

