

2015 ARMY WARRIOR GAMES ATHLETE

NAME

Michael McPhall

RANK

Sergeant 1st Class

STATUS

Active

MOS

19K (M1 Armor Crewman)

HOMETOWN

Dearborn, Michigan

CURRENT LOCATION

Bethesda, Maryland

INJURY OR ILLNESS

Eosinophilic Fasciitis (EF) and Type 1 Diabetes

EVENT(S)

Swimming, Track



Sgt. 1st Class Michael McPhall was diagnosed with Eosinophilic Fasciitis (EF) and Type 1 Diabetes. EF is an uncommon disorder characterized by symmetric and painful inflammation, swelling, and indurations of the arms and legs. "Being the hard charger that I am, I had to come to terms with not being able to do everything that I once did before," said McPhall. That is when Sgt. 1st

Class McPhall found swimming. Last year, he swam 1.25 miles for the Scott Rigsby Foundation during the Ironman 70.3 in Augusta, Georgia. "It has always been a dream of mine to participate in, but it had become forgotten," said McPhall. He placed an impressive 23rd in his class placing 897 out of 3000 swimmers. McPhall has medaled numerous times during the Fort Benning Warrior Trials as well as the Fort Bliss Warrior Trials.

The military has been Sgt. 1st Class McPhall's life for over 19 years. "I love the fight, Soldiers, and the leadership. Being able to represent the Army and compete in the Warrior Games will be the last fight, battle and challenge I will have in the Army. Being able to barely get out of bed and then swimming 1.25 miles in the Ironman and participating in the Warrior Games is taking the bull by the horns. Go Army," said McPhall.

