

# 2015 ARMY WARRIOR GAMES ATHLETE

## NAME

Kawaiola Nahale

## RANK

Sergeant

## STATUS

Reserves

## MOS

36B (Financial Management Technician)

## HOMETOWN

Honolulu, Hawaii

## CURRENT LOCATION

Fort Shafter, Hawaii

## SCHOOL(S)

Not specified

## INJURY OR ILLNESS

Cancer

## LOCATION AND DATE OF INJURY OR ILLNESS

Not specified

## EVENT(S)

Swimming, Cycling



Sgt. Kawaiola Nahale was born and raised in Honolulu, Hawaii. Her father first took her to the water when she was a month old; a very old custom for Hawaiian families. Her parents started taking her to swim lessons once she turned four years old and has been swimming competitively since she was six years old.

Some of her favorite events include the 500m free, 800m free, 1500m free, and 200m breaststroke. Sgt. Nahale has swum for various teams and coaches during her 12-year career.

When Sgt. Nahale found out she had cancer, she was very nervous about not being around for her daughter. "The water is my healing place. After all my surgeries and restrictions, being in the water was my place of peace."



"I enjoy competitive swimming because it allows me to do something I love while staying in shape."

